

INTERNATIONAL ESSENTIAL TREMOR FOUNDATION

2022-2023 Annual Report



Mission: Providing hope to the essential tremor (ET) community, worldwide, through awareness, education, support and research.



From the Executive Director

Our 2022-23 fiscal year brought us new opportunities and connections as we continued our mission to provide hope to the essential tremor community worldwide through awareness, education, support and research.

Because of the support of generous donors, we were able to award our first substantial ET Research Grant since revamping the program in 2021. This \$150,000 grant went to Dr. Guy Rouleau and his team at McGill University in Montreal for his project, "Characterizing the Transcriptomic Landscapes of Essential Tremor."

We hosted our first Essential Tremor Virtual Education Conference in the fall of 2022, and it surpassed our expectations for registrations and sponsorships. It was a great way to connect our ET community together and provide a morning of educational presentations on ET diagnostic and treatment options, coping techniques and updates in the area of ET research.

We partnered with several pharmaceutical/medical companies working to develop new treatments for ET. Our role was raising awareness to their work and recruiting participants for their clinical trials. It raises hope that better treatments and a cure are on the horizon.

We also continued our ET awareness and education initiatives, and our support groups both online and in-person.

Financially, we remained strong thanks to the support from our generous donors. We look forward to serving and uplifting the ET community for many years to come.

A handwritten signature in black ink, appearing to read 'Patrick McCartney'.

Patrick McCartney
Executive Director

TALKING ESSENTIAL
TREMOR PODCASTS
(LAUNCHED IN 2020)

4,135 unique downloads
(2022-23)

11,690 lifetime downloads

EDUCATION AND
AWARENESS VIDEOS

12,500 views per month

942,300 lifetime views

ET INFORMATION PACKETS

1,504 distributed
in 2022-23

OF NEW DONORS

434 in 2022-23

WEBSITE TRAFFIC
FROM AROUND THE WORLD

199K users in 2022-23

BOARD OF DIRECTORS

DR. KELLY LYONS

President – University of Kansas Medical Center

SHARI FINSILVER

Vice President – Management Engineer and Community Leader

PAUL RODDEN

Secretary/Treasurer – Ash Brokerage

NATHAN FISER, CFP

Fiser Group

DR. PAULA NAUER

Physician Consultant

PATRICK REIDY

Monaco, Sanders, Racine, Powell & Reidy, LLC

EDUCATION AND AWARENESS



Virtual Education Conference

We hosted our first-ever ET Virtual Education Conference, bringing together medical experts and people living with ET to learn, connect and share. More than 1,800 people registered for the event from throughout the U.S. and 35 other countries.

NETA Month



The IETF continued to build on its successful National Essential Tremor Awareness Month campaign in March to achieve greater understanding and acceptance of essential tremor. Awareness giveaway items for donors included a tablet holder and umbrella, centered around the theme “We Can Weather ET Together.” New awareness posters were created and distributed to doctor’s offices and the ET community. Donations to the campaign exceeded the 2022 campaign by 34 percent.



Connections with Healthcare Professionals

To network with the medical community and provide them with resources for their patients, IETF staff attended medical conferences involving neurologists, family physicians and other healthcare professionals.

RESEARCH

Research Grant Program

We awarded our first \$150,000 research grant since revamping our research program in 2021. The program revamp increased support and funding for ET research to provide promising studies with the potential to receive up to three years of funding.

To date, the IETF has invested
\$975,000
in essential tremor research.

Clinical Trials

It was a promising year for ET research. Three pharmaceutical/medical research companies worked with the IETF to recruit participants for clinical trials for new therapies and investigational medications for ET. This research could not move forward without the support of the ET community.

SUPPORT



To date, our Facebook online support group has more than
17,000 members.

ET Support Groups

We continued to provide meaningful connections and support for people with essential tremor through more than 70 established ET Support Groups around the world.

For those who prefer support virtually, the Essential Tremor Awareness Group through Facebook, continued to log dozens of discussion topics, 24/7.

College Scholarships

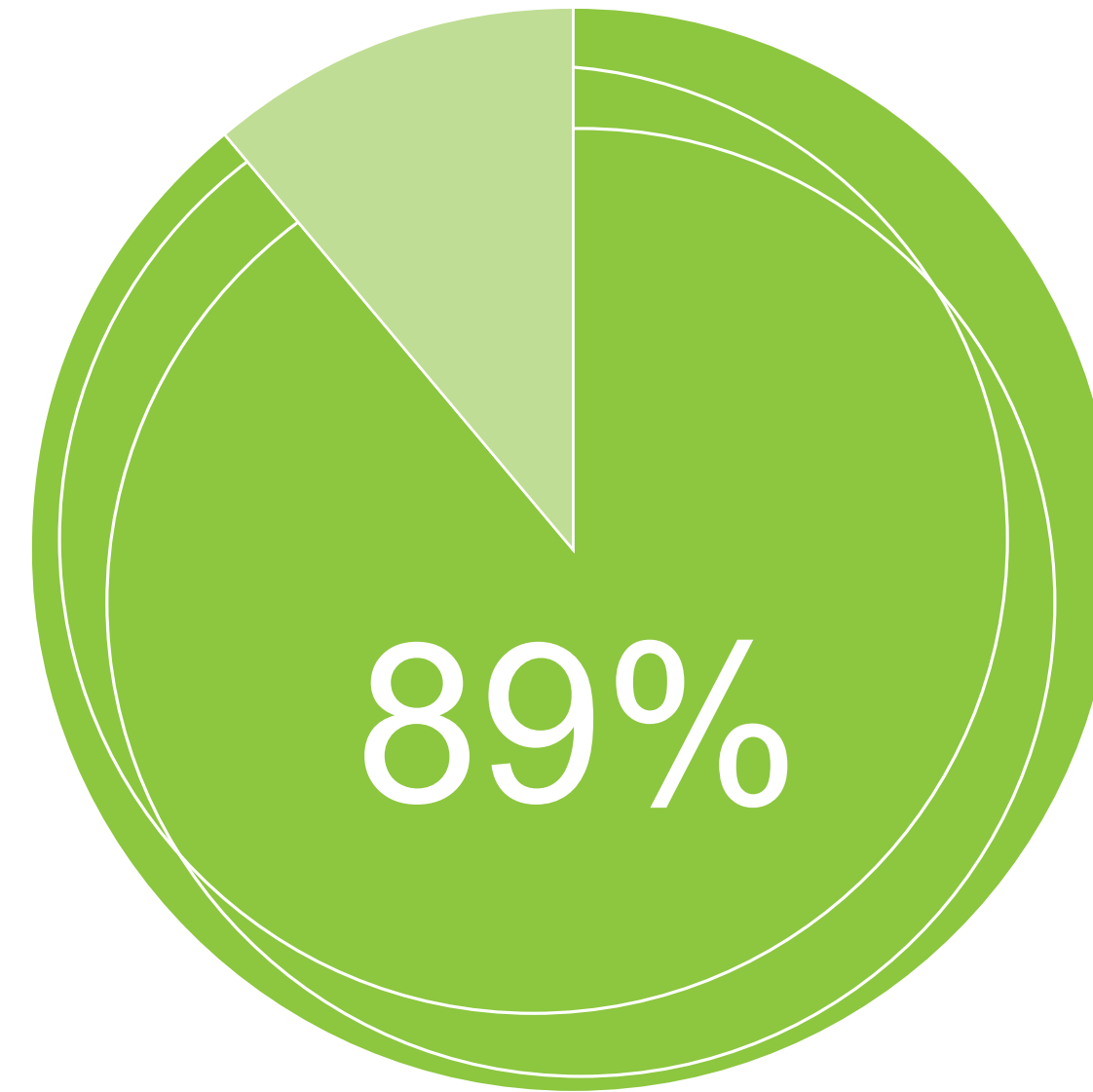
The IETF Board of Directors approved an increase in college scholarship awards for students with essential tremor. Up to six \$3,000 scholarship winners will be named each year (up from \$1,000). The scholarships help the students to feel the support of the ET community as they pursue their dreams.

REVENUE 2022-2023

Contributions	\$406,907
Investment income	\$(85,222)
Grants	\$27,500
Memorials/Bequests	\$1,094,003
Exempt function revenues	\$26,390
Research	\$83,906
Special events ¹	\$229,796
TOTAL REVENUE	\$1,783,280

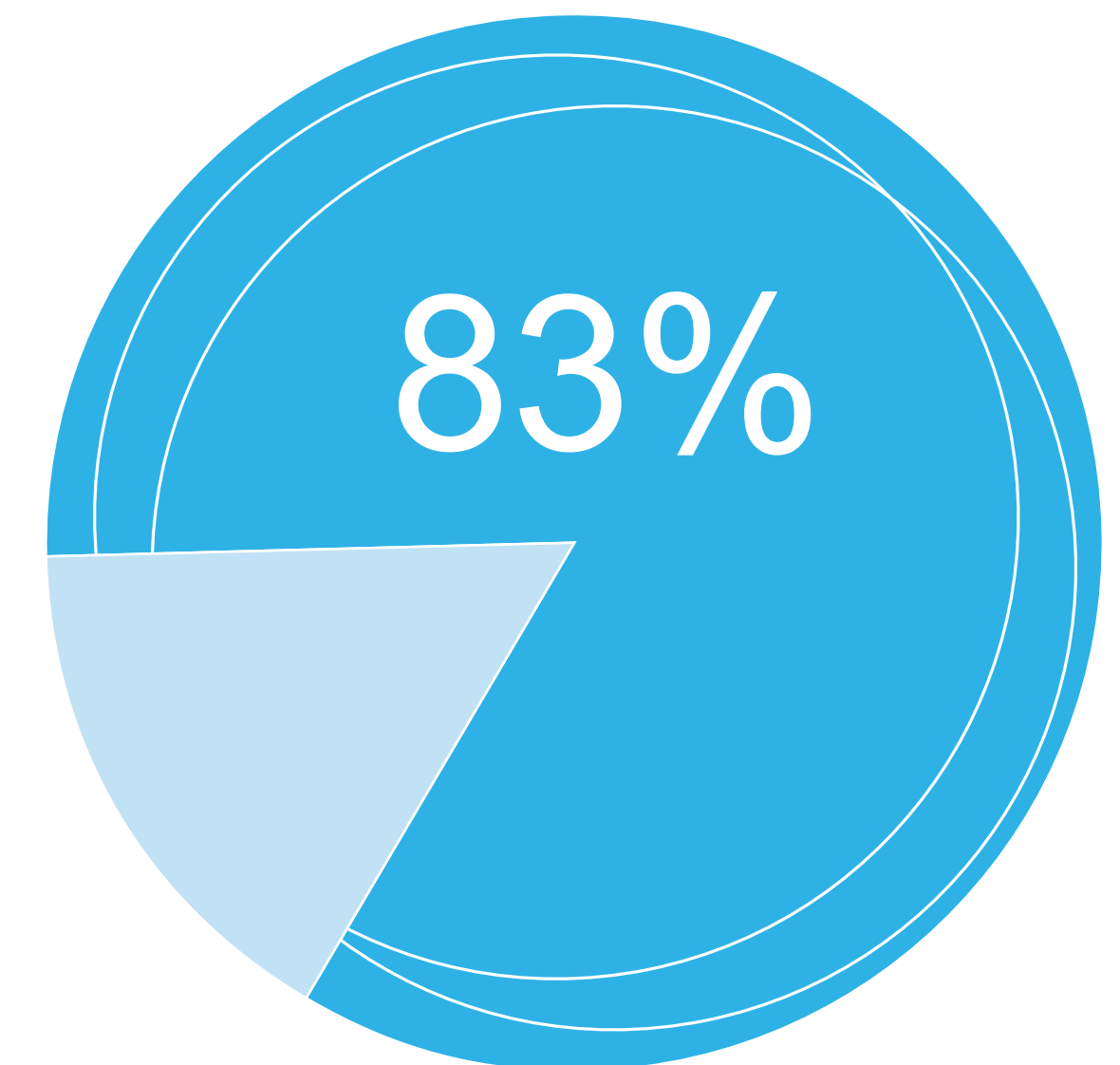
EXPENSES

Program ²	\$683,789
Management/General ³	\$98,611
Fundraising ⁴	\$43,198
TOTAL EXPENSES	\$825,598
NET ASSETS	\$8,152,749



89% of revenue comes from direct contributions from donors

83% of expenses go to Research, Education, Awareness & Support



¹Includes revenue received from National Essential Tremor Awareness Month.

²Includes awareness, education, support and research activities and initiatives.

³Includes expenses related to office overhead such as supplies, computers, copier, salaries, and rent.

⁴Includes National Essential Tremor Awareness Month activities, annual appeal, and annual donations.