



International Essential Tremor Foundation (IETF)

Catherine Rice Scholarship Program

funding the future

Post high school students who have been diagnosed with essential tremor (ET) are encouraged to apply for a Catherine Rice Scholarship from the IETF. Each year the IETF provides up to six qualified students with \$3,000 college scholarships to help lessen the burden of attaining higher education. Scholarships may be used to cover the cost of supplies, books, student fees or tuition at a licensed, accredited educational institution or trade school (for undergraduate or graduate work). Funds are paid directly to the school.

The IETF Scholarship Committee, made up of members of the IETF Board of Directors, will review each application. Students will be judged based on their academic achievement, leadership skills and/or community service, as well as a submitted essay.

Scholarship awardees will have their essays and photos published in *Tremor Talk* magazine and on the IETF website. They also will receive recognition through Tremor Gram e-news, on IETF social media platforms and in other collateral materials.

All students with essential tremor – regardless of age, vocational goals or physical location in the world – are encouraged to apply. The program was named to honor the IETF’s former executive director, Catherine Rice, who was passionate about recognizing the achievements of young people with ET. The IETF does not discriminate based on age, race, religion, ethnicity, or sexual orientation.

Eligibility requirements:

- High school or GED graduate of any age attending a licensed, accredited institution of higher learning
- Applicant has been diagnosed with ET

Scholarship criteria:

- Academic success (at least a 3.0 Unweighted Cumulative GPA)
- Community service and/or Leadership skills
- Essay submission, limited to 500 words, answering the question: “How has ET affected my life?” ***If you were previously awarded an IETF scholarship, you must submit a new essay.***

Application materials to be submitted even if applied in the past:

- Completed application form (obtained on the IETF website)
- Letter of acceptance from the educational program director
- Most recent high school or higher education transcript
- Essay (see *Scholarship criteria* above)
- Doctor’s letter of ET diagnosis

All application materials MUST be submitted together for consideration. Applications missing materials will be ineligible.

IETF board members and donors contributing greater than \$10,000 and family members (siblings, parents, grandparents, aunts and uncles) are excluded from applying for and receiving scholarships. Receiving a scholarship or a denial does not preclude an individual from re-applying for a scholarship in the future. An individual may apply each year provided they follow the printed guidelines.

“I continue to spread awareness about essential tremor as a leader on campus and through my personal website. I aim to be an ally to others with disabilities and hope others will learn from my perspective and experiences.”



- Thomas Whitley,
2023 scholarship

“With the support of the IETF, I have met wonderful people who understand what having tremors is all about and I know I am not alone.”



- Allison Dyke
2017 scholarship recipient

Scholarships are made possible by donations and funds from the Lois and John Lichliter Estate.



Application Submission & Deadline

Deadline (for fall semester award): May 1
Award notification: July 15

Mail or email applications to:
IETF
Patrick McCartney
PO Box 14005
Lenexa, KS 66285
pmccartney@essentialtremor.org

Authority to award grants:

All scholarship applicants acknowledge the Board of Directors of the IETF is the only entity authorized to award scholarships on behalf of the IETF. The amounts of and occasions for awarding such scholarships, if any shall be awarded at all, shall be wholly within the sole and exclusive discretion of the Board. Decisions are final and not subject to review for any reason.

"I see having tremors not as an obstacle, but as just part of who I am, and as an opportunity to inform others about the millions of people around the world who have ET."



- Jack Peters
2017 scholarship recipient

Application submission checklist:

(All requirements must be completed/valid for application consideration.)

- Do you (applicant) have ET?
- Does your Unweighted Cumulative GPA meet the 3.0 GPA minimum?
- Are you a high school graduate who is (planning on) attending a licensed, accredited institution of higher learning?
- Did you submit an essay with the application?
- Did you include a high school or college transcript(s) or the equivalent with the application?
- Did you include a letter of acceptance from the educational program director with the application?
- Did you include a doctor's letter confirming ET diagnosis with the application?
- If you were previously awarded an IETF scholarship, did you submit a new application, essay, and transcript?

**All application materials MUST be submitted together for consideration.
Applications missing materials will be ineligible.**

**Access scholarship forms and information online at:
www.essentialtremor.org/resources/scholarships/**



The mission of the International Essential Tremor Foundation (IETF) is to provide hope to the essential tremor community worldwide through awareness, education, support and research.