The International Essential Tremor Foundation is the leading organization in the world dedicated to supporting people affected by essential tremor (ET). We were founded in 1988 and since that time, have continued to expand our programming and reach to make a meaningful impact.

During the 2021-2022 budget year, we moved our offices to a new location, due to the sale of our office complex. Our new address is 13628 W. 95th St. in Lenexa, KS. The new space provides a better setup for visitors and collaborations with partnering groups. We welcome visitors anytime!

I’m pleased to report that we made great strides in our research realm this year. Thanks to a generous donation from the Richard B. Peters estate, we are now dedicating more funding toward studies that will further the understanding of the condition. The ultimate goal is to enhance treatment options for ET patients.

We continued our education and awareness initiatives through virtual education events and podcasts to help people understand what ET is and its impact on millions of people around the globe. A new series of videos was developed and shared to highlight ET’s impact and provide support for the ET community.

Financially, we are stronger than ever thanks to our generous donor base and the responsible management of our resources. Together we can continue to provide hope to the ET community, worldwide, through awareness, education, support and research.

Patrick McCartney, Executive Director
Research Grant Program

A generous donation to essential tremor research from the Richard B. Peters estate paved the way for an update to the IETF’s 20-year-old Research Grant Program. The program is now following a Request for Applications (RFA) process addressing a defined research topic. Defining the research topic area sets the focus of studies on areas where more information is needed to move research forward.

ET Trailblazers

ET Trailblazers are breaking new ground in essential tremor research, awareness and support. The IETF established this dedicated group for ET supporters who make recurring monthly gifts in the amount of their choice to further the mission of the IETF.

ET Awareness Video Series

Six new videos focusing on essential tremor were developed to draw awareness to ET by defining it, dispelling myths about it and sharing personal stories of both struggle and perseverance. The series was made possible by a grant from the Jerry Taylor and Nancy Bryant Foundation.

Headquarters Relocation

Due to the sale of its leased office building space, the IETF moved its headquarters to a new location in July 2021. The new office is located at 13628 W. 95th St. in Lenexa, Kansas, and provides more opportunities for engagement with the ET community and partnering groups.
The IETF establishes and maintains working relationships with national and international pharmaceutical groups and bio tech companies to stay abreast of research and development of products and medications as potential treatment for ET. An important component of these relationships includes helping with recruitment for clinical trials.

National Essential Tremor Awareness Month

Each March, the IETF hosts a special National Essential Tremor Awareness (NETA) Month campaign to achieve a greater understanding and acceptance of ET. The 2021 theme was “Make ET the Talk of the Town.” Special giveaway items for donors included a six-pack lunchbox cooler and a soft bound journal.

Scholarship Program

Since its establishment in 2011, the IETF’s Catherine Rice Scholarship Program has provided more than $60,000 in scholarship assistance to college students with essential tremor.

Publications

Tremor Talk magazine (published three times a year) and Tremor Gram e-news (emailed monthly) continue to be relied upon as trusted communication sources about all things ET.

ET Support Groups

IETF Support Groups around the world continue to connect people together to learn, grow and serve as a means of emotional support for people with ET.

Educational Resources

The IETF manages several platforms to inform the ET community and the public about diagnosis, treatment and management techniques. They include:

- “Talking Essential Tremor” Podcast Series
- Virtual Education Events on YouTube
- The IETF website, www.essentialtremor.org
## Financial Statement

### Revenue 2021-2022

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>$424,446</td>
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<tr>
<td>Investment Income</td>
<td>$471,863</td>
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<tr>
<td>Grants</td>
<td>$30,000</td>
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<tr>
<td>Memorials/Bequests</td>
<td>$217,782</td>
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<tr>
<td>Exempt Function Revenues</td>
<td>$5,741</td>
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<tr>
<td>Research</td>
<td>$2,172,409</td>
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<tr>
<td>Special Events¹</td>
<td>$71,976</td>
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<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>$3,394,217</strong></td>
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### Expenses 2021-2022

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Program²</td>
<td>$488,219</td>
</tr>
<tr>
<td>Management/General³</td>
<td>$92,475</td>
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<tr>
<td>Fundraising⁴</td>
<td>$39,355</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$620,049</strong></td>
</tr>
</tbody>
</table>

**Net Assets** $6,475,436

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¹ Includes revenue received from National Essential Tremor Awareness Month.
² Includes awareness, education, support and research activities and initiatives.
³ Includes expenses related to office overhead such as supplies, computers, copier, salaries, and rent.
⁴ Includes National Essential Tremor Awareness Month activities, annual appeal, and annual donations.

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*84% of revenue comes from direct contributions from donors*

*79% of expenses go to Research, Education, Awareness & Support*