

## THE BEST TIME TO DO IT IS NOW

You don't have to wait until you are retired or reach a certain age level to set up a bequest.

## CHARITABLE BEQUESTS CAN BE CHANGED

or updated at any time. In fact, it's a good idea to have an annual or bi-annual review of your estate plan.

## CONTACT AN ESTATE OR TRUST ATTORNEY

to guide you. If you've already included the IETF in your estate plan, let us know so we can be sure to include you in our Legacy Society.

## PLAN TODAY, GIVE TOMORROW

Planned giving contributes to the stability and long-term growth of the IETF. It costs you nothing today, and is the ideal way for you to provide hope to the essential tremor community many years into the future.

Since essential tremor is a hereditary condition, your gift could impact your grandchildren and your great-grandchildren. It could mean a "shakeless" world for them and everyone touched by ET.

"My husband, Stanley, and I feel very strongly about giving back to our community and to organizations that mean a great deal to us. The IETF is one such organization. Having lived with essential tremor (ET) since childhood and being one of four generations who have lived with this condition, we feel it is imperative that we help to continue the wonderful work that the IETF is doing. I pray every day that my grandchildren and future generations do not have to cope with ET. Including the IETF as part of our estate planning is our way of ensuring that we are doing everything we can to help."

*Shari Finsilver, Legacy Society member*



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LEGACY  
means  
HOPE



The International Essential Tremor Foundation's  
LEGACY SOCIETY



# the BENEFITS of planned giving

No one likes to think about their own mortality. That's why most people put off making a plan for their estate and assets until much later in life. But making arrangements in advance can bring a sense of comfort when you realize your family and the causes you have held close to your heart will continue to be supported when you are gone. An estate plan makes your intentions clear and helps you make an impact into perpetuity.

Through the years, the International Essential Tremor Foundation (IETF) has worked with dozens of individuals who have included bequests and others gifts in their estate planning. A gift to the IETF supports us as we continue our advocacy and support for those with essential tremor. Your special gift could bring us closer to a cure, changing the lives of millions of people in the future.

## IETF MISSION

To provide hope to the essential tremor (ET) community, worldwide, through awareness, education, support and research.



## types of PLANNED GIVING



- Bequests
- Retirement Plan/Charitable IRA
- Life Insurance Policies
- Stock and Appreciated Securities
- Bank Accounts and CDs  
"payable-on-death-beneficiary"

## BENEFITS TO DONORS

- Reduced or eliminated capital gains tax
- Reduced income tax and estate tax

## Become a LEGACY SOCIETY MEMBER

When you make a planned gift to the IETF, you become a member of the IETF's Legacy Society.

This is an eternal distinction as a thank you for your support. Your name and your generosity will be tied to the IETF forever. We honor Legacy Society members on the IETF website and in our annual report.